



## THE HEART OF THE MATTER

*"If anyone thirsts, let him come to Me and drink.  
<sup>38</sup> He who believes in Me, as the Scripture has said,  
 out of his heart will flow rivers of living water."  
 Jn 7:37-38 NKJV*

The issue this summer is water; living and life-giving water. The first part of this letter will focus on the living Water - Jesus himself, while the latter will look at us bringing life-giving water to those around us.

As believers we have a charge to impact the world around us, but we have to remember that the doing is only part of the story!

At the core of our faith must be our relationship with Jesus, and nothing must take the place of that in our lives. Often it is easy to focus on the doing, and forgetting the being... being people who in their own strength can do nothing, but people where out of their hearts flow rivers of living water. I want to take a moment to challenge you with the question – what water are you drinking? If we are to be a change in the world around us, we must stay connected to the source of pure water – Jesus Christ.

At the center of who we are, must be a desire and passion for Jesus, a pure well, brining us real life. As you are doing, are you making sure you are being filled with Jesus and His Holy Spirit? If not, you WILL hit a wall, you WILL be discouraged and you WILL loose heart. Only by keeping our eyes on Jesus, the author and finisher of our faith (He 12:2) we will have the strength, the drive and the vision, to fulfill His call on our lives, by being people out of who's heart, living water will flow... Guys, let's not grow weary of doing good! (2 Thess 3:13) so make sure to get time with Jesus this season!

For the Kingdom,  
 Sam

# 2 WEEKS WITHOUT YOUR COFFEE TEA, MILK OR SODA CAN PROVIDE PEOPLE IN AFRICA SAFE WATER FOR THE REST OF THEIR LIVES

## THE WATER CHALLENGE

As you're reading the second part of this newsletter regarding clean water, I want to challenge you to take the Water Challenge!

Between August 15<sup>th</sup> to August 28<sup>th</sup>, join us in supporting Blood:Water Mission as they are bringing water to Africa! It won't cost you a single extra dime, (unless you want to)! This challenge is a way for us to realize how dependent we are on water, while at the same time using the money saved for a great cause! Would you join with me in taking two weeks without coffee, tea, milk or soda and using the money saved to help bring someone in the third world safe water for the rest of their lives?

Stay tuned for more info!

## GETTING INVOLVED!

Some of the ways you can get involved with R3ACH!

- Serve through the various opportunities at FHC.
- Stay in touch via facebook.com/R3ACH.usa and by visiting [www.R3ACH.org](http://www.R3ACH.org).
- Support R3ACH through prayer and giving.
- Start supporting local, national and international ministries. (See [www.r3ach.org/PDF/serve.pdf](http://www.r3ach.org/PDF/serve.pdf) )

## CALENDAR

**JULY 30<sup>th</sup>-AUGUST 8th: - VITALIZE '11**  
 Los Angeles Dream Center Mission

**July 31<sup>st</sup>, R3ACH PDX**

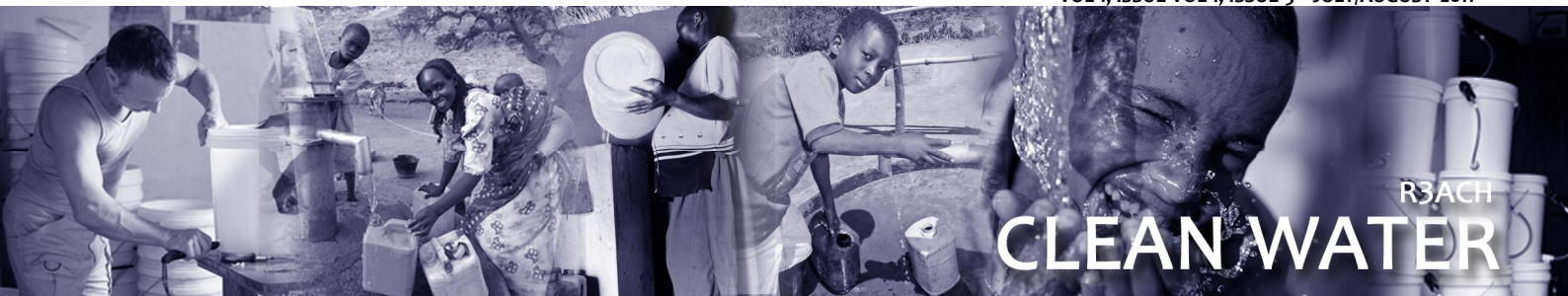
**August 15-28<sup>th</sup> – Water Challenge!**

**August 28<sup>th</sup>, R3ACH PDX**

R3ACH is the missions/outreach ministry of Fathers House Church, Longview, WA  
 To find out how you can be part of what is going on, visit us on the web at  
[www.fathershousechurch.com](http://www.fathershousechurch.com) , [www.R3ACH.org](http://www.R3ACH.org) or [www.facebook.com/r3\\_ach.usa](http://www.facebook.com/r3_ach.usa)

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## WHAT'S THE DEAL WITH WATER?

*"Water is life, and because we have no water, life is miserable"*  
- a Kenyan

Most of us never have to think twice about having access to water. We might start the day with a hot, clean shower, maybe got some coffee. We take for granted the ability to use the dishwasher and washing machine, not to mention of the ability to use the toilet. In fact, we might have two or three bathrooms in our house! None of us have had to spend any time collecting water (unless you are camping, maybe) for a drink or a bath. Most of us have never had a sick day due to unclean water. Did you know that the average American uses 151 gallons a day compared to the average Rwandan who uses 5 quarts?

Imagine if you woke up tomorrow and all of the water-related fixtures and appliances had been removed from your house. No dishwashers, no sinks, no toilets, not even any water pipes! How would you wash yourself, go to the bathroom, clean your clothes or even cook?

Initially, this might be a mere inconvenience, but eventually, this would become a lot more serious, in fact, even a threat to your health and very survival! Finding a way to get water would start to consume your life! And what if the only water you could find was full of deadly bacteria, parasites and waterborne diseases that were literally killing you! We can live for weeks without food, but only three days without water! What would you do?

## THE REALITY

This is the grim reality for about 1.2 billion people around us today! Up to five million people die every year of diseases related to poor or lack of water. EVERY 15 seconds, a child dies of a waterborne disease. It is estimated that up to 50% of all the world's hospital beds are occupied by people with water-related illnesses – dirty water, or the lack of it.

Did you know that dirty water kills more people than all forms of violence, including war? Diarrhea kills more young children than AIDS, malaria and measles combined. Furthermore, diarrhea is the second leading cause of death among children five and under globally! 1.5million child deaths – 1 in 5 – each year, are due to diarrhea.

But the water itself is not the only issue. What we don't realize is the impact having to seek and haul water has on the economy and lives. Women and children in developing countries spend 200 million hours a day fetching water. That equals a full-time workforce of 25 million people working 8-hour days, seven days a week, just to provide water. Imagine if that time could instead be used for income-bringing work, or in the case of children, education. World Vision reports that ,before a local village had a well, the village school had 40 students. After a well was put in, attendance grew to over 400 students. No longer were five hours a day being spent fetching water at the water hole, but that time could now be used for other things!

## THE SOLUTION

The UN estimates that simply by improving water supply, sanitation, hygiene and management of water resources, almost a tenth of all the global disease issues could be prevented!! Such improvements would reduce child mortality and improve health and nutritional status in a sustainable way.

Clean water alone can reduce water-related deaths by 21%, sanitation alone another 37.5%, and as simple a thing as teaching hand washing an additional 45% reduction.

When Sharnessa and Jessica went to Uganda last year, the team brought with them 80+ water filters, each of them capable of providing water for one household for LIFE. Many of you were part of providing those filters , so thank you for that!!!

In addition to saving millions of lives, the group Charity:Water estimates that each \$1 invested in water and sanitation yields an average of \$12 in economic returns!

This issue of providing clean water is something that is totally within reach! The only question is – **what are we going to do about it?**

## FOR MORE INFO & RESOURCES

20Liters - [www.20liters.org](http://www.20liters.org)

Blood:Water Mission [www.bloodwatermission.com](http://www.bloodwatermission.com)

Charity:Water - [www.charitywater.org](http://www.charitywater.org)